

ANNUAL REPORT 2017-2018



SINAM

Sadayanodai Ilaigar Narpani Mandram

SINAM

Sadayanodai Ilaignar Narpani Mandram (SINAM)

A 25 years Silver Jubilee Celebrated NGO
dedicated for the upliftment of Pro-poor Communities

ANNUAL REPORT 2017 – 2018

Registered Office

Sadayanodai Ilaignar Narpani Mandram

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From Secretary's Desk....



Dr.RAMA PERUMAL,
Founder & Secretary – SINAM

Dear Friends,

I am much happier to present this Annual Review Report of SINAM - Sadayanodai Ilaingar Narpani Mandram (SINAM) for the year 2017 - 2018. Over the three decades (over 32 years), we delivered our service performances on Environment, Health and Educational development measures of the welfare of the downtrodden people in and around of Tiruvannamalai District, Tamilnadu, India.

The voluntary sector today is facing its most challenging times. The voices demanding transparency and accountability from various public institutions, promoting popular participation of the poor and the marginalized in development and social change and many other such actions are diminishing. Ensuring the survival of small initiatives at the grassroots level is an immediate challenge for the sectors.

With great efforts, our SINAM Society was able to mobilize funds to fulfill the tasks of all programs and activities during the year 2017 - 2018 AD. During this year, we have mainly concentrated on Women, Children and Disabled Development through Awareness and Education/ Health development initiatives.

Being towards to achieve this, we have conducted ranges of programs and project initiatives which have been made positive changes over the lives of the working community during the year 2017-2018.

I now delivered my sincere thanks to all our project partners who extensively supported us and provided timely guidance to continue our service performances during the year 2017 - 2018 made successive impact on our welfare services

Warm Regards & Best Wises

On behalf of the
Management Committee
SINAM, Thiruvannamalai, TN

PROGRAMS & SERVICES 2017 – 2018

Following kinds of programs and services were offered by our organisation during the reporting year 2017 – 2018 (for the period from 01.04.2017 to 31.03.2018)

Children Development Programme

Children Recreation Activities (Christmas & New Year Celebration)
School Bags Distribution

Skill Training to Adolescent Girls & Boys

Tailoring & Modern Dress Making
Computer Education Training

TPF Programme

Campaign on Awareness of Adolescents Girls & Girl Children's Education in
Thiruvannamalai Dt, TN

Environment Awareness Programme

(Supported by Citizen Consumer and Civic Action Group (CAG))
Training on Terrace /Kitchen Gardening – 10 members
Panchakaviya Preparation
Green Action Week

Family Counselling programme

TN Force Programme

World Breast Feeding Week Awareness Celebration

Water Board (TWAD Board) Program

Training to School Children, Teachers on water quality
NRDWP- Support Activity

World AIDS Day

World Disabled Day

International Women's day programme

Special Outreach Program - General Public Awareness
(Field Publicity Office Program)

Students Placement Services - Trainees Programme

**State Level Seminar on Promoting Women With Disabilities on
Access Their Right To Services, Social And Economic Development**

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Children Development Programme

Children Recreation Activities (Christmas & New Year Celebration)

One of the main of our SINAM is to empower the Children community on education and development spheres, for this we have organised several welfare program initiatives to the children in our working area. This reporting year, SINAM conducted the Christmas & New Year Celebration events on 27th December 2017 at SINAM Development Center with more than 125 children in the program. The Chief guests, Smt. P.Jayasudha, PD, TNSRLM, Mr. Selvaseeralan, Branch Manager, Andhra Bank and Mrs. Gomathi, District Women Protection Officer were honoured during the program. The explained the development opportunities of the children in the home and society as well to utilise such opportunities for their better future, motivate children to take care of Personal Hygiene and Swachh Bharat Scheme – Clean India Mission. The resource person narrated the importance of Savings habitat childhood age and they promote awareness about the Child Kidnap, Child Trafficking, Child abuse, hazardous forms of Child labour and its issues etc., to the Children beneficiaries of the program

SINAM, Consultant and Family Counselor organised the Activity Games, Play and Recreational activities during the event to make enjoy of children beneficiaries of this program.



In continuation of the Children recreation activity, Christmas and New Year Celerbation, our SINAM has provided Free School Bags and School Stationaries to the poor children in the working area. Dr. Kristina T. Dhorathy, District Social Welfare Offices (DSWO), Thiruvannamalai gave a brief talk about how to achieve the goal in every one life. She distributed School Bags, T.Shirts and Note Books and School Stationery to the 150 Chidlren beneficiaries of this program.

Skill Training to Adolescent Girls & Boys

Tailoring & Modern Dress Making

In this year, we have conducted the Tailoring Training program to the school dropout adolescent girls in our working area. This Tailoring Training supported them by teaching on Tailoring, Modern Dress making & Readymade Garments Manufacturing” to the 30 deprived girls and young women community in the rural area in the working block of Thiruvannamalai.



This training program was conducted by the eminent support of the Beneficiaries contribution and local donation. This training program was facilitated over 30 rural Youths, Adolescent girls from BPL (Below Poverty Line) and supported for 15 days on Tailoring, Basic Stitching, Readymade garments making with Practical Demonstration and Entrepreneurial Assistancess. Apart from this, the trainees were supported through motivation classes, business counselling, success stories and case studies and this were highly encouraged and getting knowledge exposure to them.

Computer Education Training



In order to empowering the local rural women community in the working area, we will first to strengthen them by means of education and training. Our SINAM understood this and to provide education and training on the Computer based knowledge. For this we have identified about 25 beneficiaries as 1st batch of training process. The purpose of this training is to enhance such young women on computer based knowledge and to find the employment opportunity for regular income and earnings. It also creates a women entrepreneurs and assisting the micro entrepreneurial activities through computer based applications. After completion of the training SINAM either linked them with local banks or job placements to lead a dignified and decent life.

An inaugural function of this training program was organized in the working villages of our organisation and the rural students were facilitates about the Basic Computer Applications, Simple Hardware Maintenances, Micro Soft Office (MS Word , MS Excel, MS Power Point, MS Access) Tally 7.2 and Desk Top Publishing (DTP). At the end of the 3 months training course, the women beneficiaries were guided to employment opportunities and referred suitable job positions. They were also supported by the quality certificates for their training period.

TIRUPUR PEOPLE'S FORUM (TPF) Programme

Campaign on Awareness of Adolescents Girls & Girl Children's Education in Thiruvannamalai Dt, TN

The adolescent girls in our working area are going for labour employment in the Spinnig, Textiles mills and industries located in and around of neighbouring district and are misused at the work place by the corporate in the name of Sumagali Scheme which denied the rights of such girls . SINAM take special initiative as Rights based Awareness and Development measures of such adolescent victims, in association with the Thiruppur Peoples Forum (TPF) organised an Campaign on the Awareness of Adolescents Girls and Girl Children's Education in Thiruannamalai District conducted on 16.10.2017 held at Lotus Mini Hall, Durgaiyamman Koil Street, Thiruvannamalai Dist, TN at where about 150 Adolescents Girls, Rural Women and SHG members, Youth Group members, NGO leaders were participated.



The Resource persons namely, Mr. P. Melwyn, State Convenor, TPF, Dr. T. Thasian, RUHSA, CMC, Vellore, Mrs. A.B. Sharmila, Member – Juvenile Justice Board & TDH, Deputy Director, Mrs.M. Komathi, District Women Protection Officer, TVM, Mrs. B. Kokila, District Children Protection Officer, TVM, Mrs. A. Sheela, Advocate, TVM District were honoured the program events and provided guest lectures on: the necessity and importance of the program organised by the TPF, to manage the children in the family he impart the 4 stages such as Psycho physical coordination of the marital relations, Care during pregnancy, Breast feeding, pointed the female foticide, gender disparities among the children during adolescent age within the family, need of Nutrition of Girl Children, Good Touch, Bad Touch, parents should teach the personal hygiene etc., The resource person also impart the Protection from Violence Act 2009, to stop the Child Marriage, Inter-caste Marriage and the importance to provide the Sex Education, prevention of Dropouts, fondly relationship of Girl children with parents and the constitutional guarantees of Girl child education, Child Marriage prevention Act, PNDT Act, Dowry Harassment matters etc.,

Environment Awareness Programme

(Supported by Citizen Consumer and Civic Action Group (CAG))

Training on Terrace / Kitchen Gardening

This year our SINAM has conducted Environmental awareness programme at September and October 2017 months in the working villages. The programme focused to provide (a) Training on environmental balance and the (b) Awareness program through Evening Public Meeting on Environmental protection. During the program, the local environmentalists and resourceful persons were provided guest lectures on the tree plantation, importance of environmental



protection and biodiversity conservation initiatives etc.,

In continuation of the Environmental awareness, the resource person, Mr. Kannan from Horticulture Department, Tiruvannamalai, Ms.S.Saroja, Director, CAG and Ms.V.Amudha from CAG facilitated the program

and provided guest lectures on Promotion of Kitchen Garden at Terrace, seed selection and seed preparation, seedgermination, soil management, and arrangement of Terrace gardening. Over 10 more women benefited by this Terrace Gardening program and took a pledge on to make kitchen gardening in their terrace at household level.

Panchakaviya Preparation

In conjunction of the Environmental awareness program, our SINAM organised a special event program on Panchakaviya (enriched Biomanure) preparation. This event was held at 29th September 2017 at “Valaragam” – SINAM Development Center at where we have demonstrated the Panchakaviya preparation methods to the participant beneficiaries. The training cum demonstration program facilitates the importance of Panchakaviya and its end benefits in growth and productivity of the agric / horti corps. Farmers, women SHG members and youth club representatives the village public were participated. Around 120 people participated. In the public meeting, film on environmental balance was screened.



Green Action Week

A GREEN ACTION WEEK was celebrated at “Valaragam” – SINAM Development Center on 10th October 2017. The aim of the program is promote awareness among the public in general on the Environmental protection, Biodiversity conservation is everyone’s responsibilities to save Mother Nature. The chief guest from Horticulture departments, Environmentalists and CAG facilitates the importance of Tree plantation, combat Climate Change issues at household level

activities etc., Over 50 more participants were observed and benefited by this program.



Family Counselling programme

SINAM had identified that the women in our working area are suffered all sorts of evil such as dowry harassment, male domination, sexual abuse and disputes. In order to provide the emotional support and legal aid services our SINAM society has run the District level Family Counseling Center (FCC) with the

eminent support of the “Central Social Welfare Board – CSWB”. In this Family Counseling Center (FCC) more than 96 reported cases have been successfully dealt by this year on Dowry harassment, In-law disputes, alcoholic dependants, property disputes and pre-marital counselling. Proper therapeutic interventions and referrals to legal aid services to the needed cases were made. Two trained and experienced lady counsellors with M.S.W., qualification were the counsellors. Nearly about 48 cases were successfully arbitrated on disputes with Mother-in law, property disputes, behavior modification and adjustments, sexual harassment, dowry problem, womanizing etc., and for referring to the District Legal Aid Authority Cell and the remaining cases were pending for various integrated services. The district level committee placed with Magistrate, Police officer, Advocates, Social workers, Rehabilitation officials, Medical officers etc., were giving valuable services to the women victims for their rehabilitation.

TN Force Programme

World Breast Feeding Week Awareness Celebration



Since, health plays a vital role in the all round development of the women, it is very essential to protect and promote the health of women. Most of the women in the rural areas are not aware of the health problems due to illiteracy and ignorance. So, our SINAM organised a special Awareness program on Mother and Child Care in order to sensitizing women community in all our target villages – Sannanandhal, Thurunjiyapuram villages on 1st August 2017. This program facilitates about 23 more women beneficiaries, particularly the lactating mothers and young mothers on importance of Breast Feeding and the

nutritious food to improve the health standard of their children. Breast feeding is important because of it is: To protect the children from various disorders, increase the immunity to the children, reduce the infant mortality rate, and to prevent the causes of the infectious disease and the opportunistic disease.

Pregnant women were participated in the awareness program, resource persons gave lectures on the importance of Breast Feeding, Caring of Breast, Functional anatomy of the human Breast and the potential value of the Breast feed milk to the new born etc., At the end of the program, each women / mother participant were took pledge to promote Breast Feeding awareness in their living locality.

TWAD Board – IEC Activities

Training to School Children, Teachers on water quality testing

SINAM implemented the Water Board Program under the support of Tamilnadu Water & Drainage Board by this reporting year. The program focuse to promote awareness on Water Quality, Water usage etc., to the public. There is 12 staff which includes lab attendee, chemists and computer operator. They work as a team to ensure safe drinking water and to have good drainage system in three taluks viz. Kalasapakkam, Polur and Thurinjapuram block. This is a public private partnership programme where the Government, NGO and community people work together.



Under this program we are organised the Water Quality Testing Demonstration to School Children and Teachers in our working area. A Water Quality Testing Tool Kit were used to demonstrated over 14 kinds of testing process to assess the water quality such as odour, pH level, Nitrogen, Calcium, Bacterial infections etc.,

NRDWP- TWAD Board Support Activity

Under the NRDWP Support Activitiy program, our SINAM conducted the Training to School Children, Teachers on water quality using FWTK Health and Hygiene and Rain Water Harvesting under community involvement training under NRDWP Support Activities for this year 2017-18.

Activities – Training to School Children in Polur Division (10 schools)

S.No	Name of the Schools
1.	Government Higher Secondary School - Kuppam
2.	Government High School - Kalasamuthiram
3.	Government Higher Secondary School - Ananthapuram
4.	Government Higher Secondary School - Renukondapuram, Padavedu
5.	Government Boys Higher Secondary School - Kalasapakkam
6.	Government High School - Poondi
7.	Government Higher Secondary School - Melvilvarayanallur
8.	Government High School - Gandhapalayam
9.	Government Higher Secondary School - Melsozhankuppam
10.	Government Higher Secondary School - Adhamangalam Pudhur



NRDWP- Support Activity for 2017-18- IEC & HRD activities- Creating awareness through – Wall Painting/Writing in School in 10 villages.

S. N	Particulars
1.	Panchayat Union Middle School -Mangalam Pudhur
2.	Panchayat Union Middle School - Thurinjapuram
3.	Panchayat Union Middle School - Vasur
4.	Govt High School - Durgainammiyandhal
5.	Panchayat Union Middle School -Palvarthuvendran
6.	Panchayat Union Middle School - Seriyandhal
7.	Adi-dravidar Welfare School -Thenpallipattu
8.	Panchayat Union Middle School -Kuruvimalai
9.	Panchayat Union School -Sadayanodai
10.	Panchayat Union School -Pudhu Mallavadi

Collection of water samples, analysis and preparation report in Arni Lab, Tiruvannamalai Dist (from Sep 2017 to March 2018) – (1) Sample collection, (2) Water testing, (3) Reporting if water is potable or non – potable, (4) Chemical analysis, (5) Microbiological analysis etc., The report has been distributed to the respective



Rain water harvesting training was given to the self help group women in our working villages in the evening. This training provided the knowledge exposure and demonstration about, how to make the cost effective simple model of rain water harvesting to be installed in each home. About 50 more participants were attended the training in the working village. There was a good response for this training. All the newly constructed houses have the provision of rain water harvesting at their homes.

World AIDS Day



To create awareness on rural women's health issues our SINAM NGO has conducted a special awareness meeting on HIV /AIDS to the 25 Women and Disabled SHG members and public in general during the World AIDS Day observant on 8th December 2017. This program was conducted for a day and about 25 participants were underwent this awareness program and having knowledge exposure on reproductive child health, personal hygiene.. Resource persons from health department and medical professional were conducted the guest

lectures and sessions on: Pandemic disease, vulnerability, Stigma against HIV/AIDS. Care and support procedures for PLWAs Safe sex practices, counselling the Eligible couples etc., further they have explained the details of STD, RTI and STI, Menstrual hygiene and Personal hygiene.

World Disabled Day

Our SINAM organisation was observed the World Disability Day on Dec. 3, 2017 at our SINAM development centre in Tiruvannamalai. Dr.T. Sivakumar, Assistant Director, Field Publicity Office, Government of India, Pondicherry was provided guest of honor of the program. This programme was conducted with 30 persons with disabilities. The Resource person conducted guest lectures on: Types of Disabilities, availing Government Welfare Schemes, indicated that deformity is not the limiting factor development. He has quoted number of disabled person's life time achievement. Competition was held among the disabled people in displaying their special talents in the form of songs, dance, role play etc. The winners and those who participated in the competitions were won prizes.



Types of Disabilities, availing Government Welfare Schemes, indicated that deformity is not the limiting factor development. He has quoted number of disabled person's life time achievement. Competition was held among the disabled people in displaying their special talents in the form of songs, dance, role play etc. The winners and those who participated in the competitions were won prizes.

International Women's day programme



International women's day programme was held at SINAM development centre on March 8th, 2018. The topic for the women's day programme was socio-economic empowerment for food security. The Chief guests cum Resource persons gave talk on the importance of Women's Rights awareness, Gender equality, socio economic empowerment of rural poor women, role of women in food security etc. The NEWS Network NGOs and other district NGOs also participated in the programme. Around 150 women participated in the programme.

Various awareness generation programmes were carried out in the form of song, dance, traditional folk media, street play etc. The self help group women provided variety programmes of having both educational entertainment and awareness values. Various prizes were given to Women SHGs for their performances in different areas of work.

Special Outreach Program - General Public Awareness **(Field Publicity Office Program)**

In association with the Field Publicity Office, Ministry of Information & Broadcasting, Govt of India, that our SINAM has organised the special awareness meeting on 12th January 2018 about the Central Government's Public Welfare Schemes to the public in general held at Kilzhakuvalai village in Vandavasi Block, Thiruvannamalai District during the reporting year 2016-2017. In this awareness meeting the chief guest & resource person, Mr. K. S. Kandasamy, I.A.S., Collector, Tiruvannamalai district, Dr. T.Sivakumar, Assistant director, I.I.S., Pudhucherry and Mr. Jaiganesh, FPO, Vellore participated and explaining the various Govt welfare schemes and services provided by the Government Departments and Agencies at District level. The sessions explained about the,

- Pradhan Mantri Jandhan Yojana (PMJY),
- PMJJBY, PMSBY,
- Swachh Bharat Abhiyan (SBA),
- Beti Bachao / Beti Pado,.
- Suganya Samrudhi Account (SSA) &
- Agriculture development Schemes



This program also observed through the conductance of (a) Rally programme, (b) Traditional plants exhibition, (c) Facilitation about nutritious food etc., and we are issuing pamphlets and awareness speech during the event.

Students Placement Services - Trainees Programme



SINAM mainly focused the Youths Participation on Social Welfare initiatives, which is essential to blossoming a fruitful society. The Younger involvement on community development program will enhance the better deliverable and make the future generation with service minded fellows. For this, our organisation has placed College Students under Block Placement Schemes. They will come and stay with us, involved our field activities, assisting project implementation and doing social works in our working area. This opens their mind on understanding people and problems and finding solutions within in the community through their collective efforts and involvement.

This year, our SINAM places over 22 students from Agriculture College & Research Institute @ Vazhavachanur during the period from 20.11.2017 to 24.11.2017 and the another batch of 19 Students from Agriculture College & Research Institute @ West Aarani observed the intership program from 24.11.2017 to 30.11.2017. Our Secretary and Staffs are educate the students on Social Work, Project Formulation and Field implementation, this provides better exposure and knowledge on social welfare activities among the student beneficiaries.

State Level Seminar on Promoting Women With Disabilities on Access Their Right to Services, Social and Economic Development

Over the years of services, SINAM mainly concentrated the development and welfare measures of the Persons with Disabilities (PWDs) in the working area. It has been implemented several welfare programs and projects for the Differentlyabled for obtaining their socio economic development and rights based awareness creation.



In this reporting year 2017-2018, our SINAM has organised the “State Level Seminar on Promoting Women With Disabilities In Their Access And Right To Services, Social And Economic Development” during 15th & 16th March 2018, held at Hotel Ramakrishna, Tiruvannamalai. The following chief guests, dignitaries are honoured in this state level event,

1. Mr. G. Perumalsamy (Government of Tamil Nadu) Joint Secretary, TNSWB, Chennai
2. Mr. N. Mohanraj, Chief Manager, Indian Overseas Bank, TVM
3. Dr. Sivakumar, IIS (Government of India), Assistant Director, Field Publicity for TN & PNDY
4. Ms. P. Jaya Sudha, Project Director, Tamil Nadu Women Development Corporation, TVM
5. Mrs. Hema Pandu, Vice-Chairman, Tiruvannamalai Municipality
6. Ms. G. Deepa, State Women Secretary –
December 3 Movements for Physically Handicapped People, Chennai.
7. Ms. A. Sheela, Senior Advocate TVM
8. Dr. T. Thasian, Development Consultant, Vellore.
9. Mr. Rama Perumal, Director, SINAM Tiruvannamalai.

Objectives of the Seminar focused

- ✿ To identify the social constraints faced by differentlyabled women in Tamil Nadu in their access to services, social and economic development.
- ✿ To identify the health and demographic constraints faced by differentlyabled women in Tamil Nadu. a) marriage, b) child birth, c) migration, d) maternal and child health, e) nutritional security, f) preventive and curative health.
- ✿ To identify the legal constraints faced by differentlyabled women in Tamil Nadu. a) reproductive health rights, b) right to work and right to equal remuneration, c) women rights violation, d) property rights
- ✿ To analyse the issues and the human rights violation of differentlyabled women and the ways to prevent the violation and legal remedies.
- ✿ To analyse the consequences of different types of disability and to tap Government resources for their rehabilitation.
- ✿ To discuss the steps involved in organizing special groups for the development of differently abled women in Tamil Nadu.

It creates remarkable output in the working area, thus our SINAM has planned to organised the program for the Disabled welfare like this in the upcoming years.

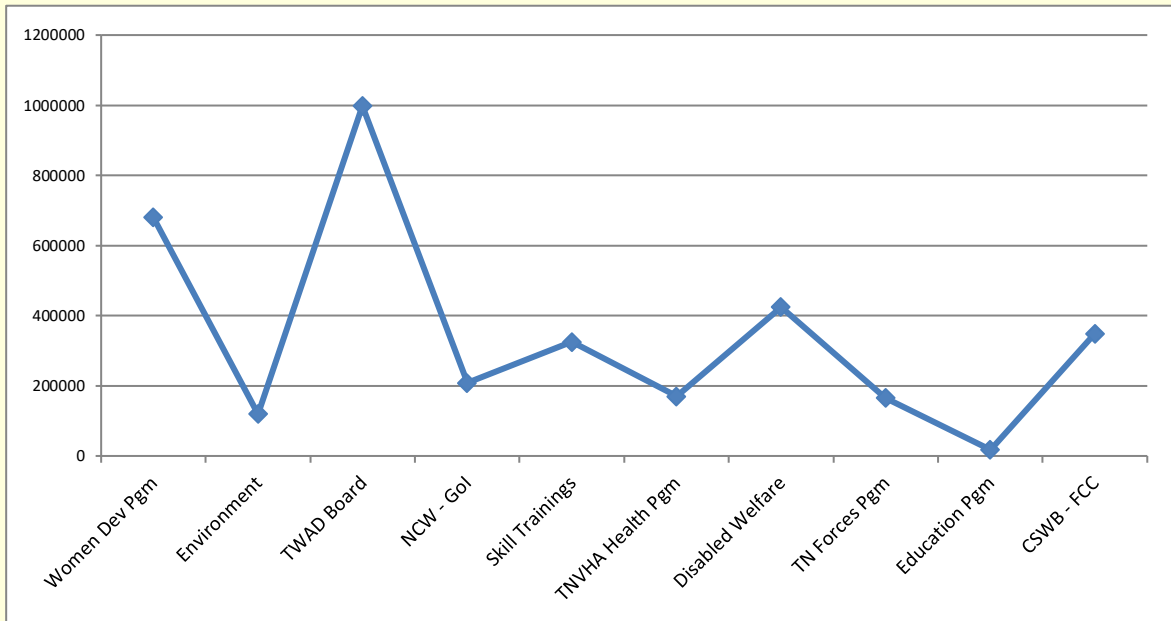
Financial Data Of SINAM

A bridged Financial Statement of Accounts for the Financial Year ended 2018
(For the period from 01.04.2017 to 31.03.2018)

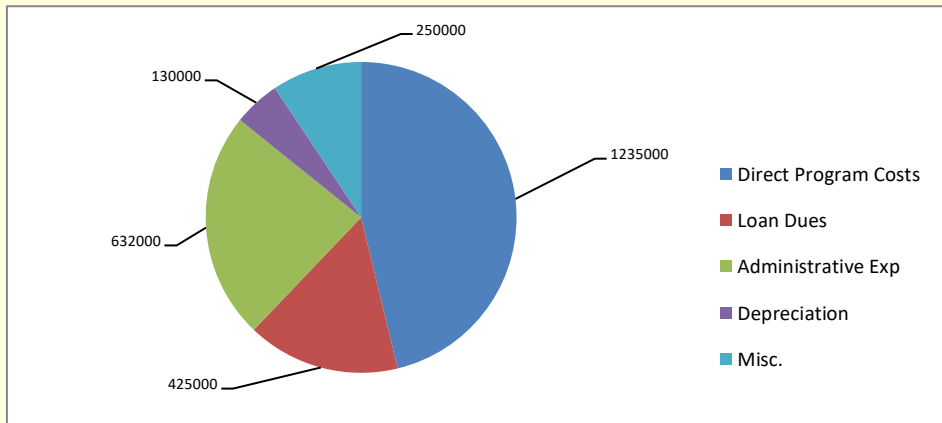
RECEIPTS & PAYMENTS FOR THE YEAR ENDED 2018

Payments	Amount in Indian Rupees	Receipts	Amount in Indian Rupees
Direct Program Costs	18,32,600	Grant received	13,72,000
Administrative Expenses	6,34,750	Other income	5,97,849
Excess of Income over Expenditure	65,616	Own Contribution & Public Donations	5,62,175
	25,32,024		25,32,024

Projects / Program wise Grant Distribution: 2017-2018



Cost wise Expenditure Distribution: 2017-2018



Staff Team Details

Administrative Staff Members	Number of Staffs	Field Staffs / Field Organizers	Number of Staffs
Secretary	1	Women Development (WDP)	6
Consultant	1	Environment Protection	1
Project Director	1	Disabled Welfare	3
Accountant	1	Family Counselling Counsellor	2
Documentalist	2	Children Welfare	1
Office Assistant	1	Community Volunteers	16

Future Plan 2018-2019

Our **SINAM – Sadayanodai Ilaigar Narpani Mandram** has to continue its services by focusing new areas for working, every year for progress its objective pathway. So as we have decided to concentrate the programs and activities for the year **2018 – 2019** on focusing the following kinds of programs additionally.

- ❖ Concentrating need based innovative programs for women & child welfare
- ❖ Creating awareness to the local community on Environment Program
- ❖ Special Programs for rehabilitating the Disabled and disadvantaged women
- ❖ Special program for encouraging Youth Volunteers
- ❖ Conducting Trade based Training and Institutional supports

Apart from this we have decided to conduct a range of programs and services at need based in time and demand raised from the community.

THANKS Page

SINAM – Sadayanodai Ilaigar Narpani Mandram would now like to thank all the Project Partners, Well wishers, Supporting bodies, Funding agencies, Government line departments, officials, Philanthropist Donors, Resource team members and Friends who were generously supported to make the noble cause during the year **2017 – 2018**.

We convey our sincere thanks to all our community people who make us a productive path in social development sector by providing their generous supports. We thank our all partners for their continuing commitment to empowering poor community during the year **2017** and the upcoming years as well.

As **SINAM** will go to celebrate the 33rd Anniversary, We make a proud call to our Partners in achieving the **SINAM's** goal and objectives

----- End of the Report -----