MADRAS CHRISTIAN COUNCIL OF SOCIAL SERVICE



ANNUAL REPORT 2018







Most Rev. Dr. George Antonysamy Archbishop of Madras and Mylapore

C/ABS/01/955

Chennai, 29th June 2018

Dear Ms. Isabel,

Greetings and Prayerful wishes from the Archdiocese of Madras Mylapore!

It is a privilege for me to wish MCCSS for completing yet another year of service to the poor by empowering them. The Annual Report brings out the accomplishment of the organisation and stands testimony for the good work done during the year.

May the Lord Almighty shower his blessings upon the organisation as they begin another year towards the service to the underprivileged and marginalised.

With my most cordial blessings and assurance of prayers, I remain

In the Lord,

+ George Antonysamy Archbishop of Madras - Mylapore

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CHURCH OF SOUTH INDIA - DIOCESE OF MADRAS

226, Cathedral Road, Post Box No.4914, Chennai - 600 086. South India

The Rt. Rev. Dr. J. GEORGE STEPHEN, B.Sc., M.A., B.D., D.Min. Bishop in Madras



Phone: Off: 91-44-2811 3929 91-44-2811 3933 91-44-2811 7629 Res: 91-44-2811 5804

28.06.2018

To Miss. R. Isabel Executive Secretary MCCSS Chennai - 82

Dear Ms. Isabel,

It is a joy to greet MCCSS for bringing out the Annual Report for the year which is the essence of good work done by the Executive Secretary and Staff.

Social work needs selfless service to the poor and the marginalized and I appreciate the staff for their dedicated work.

I also thank the members of the Executive Committee for their support and guidance during the year.

God bless you all.

Yours in Christ,

Rt. Rev. Dr. J. George Stephen

Bishop in Madras



"O give thanks unto the Lord; for he is good; for his mercy endureth forever. 1 Chr 16:34

From the Executive Secretary's Desk

Dear Friends,

Thank you for making 2017 yet another remarkable year for MCCSS! During the year MCCSS has strived to fulfil its mission through our programmes and was accommodative to all the changes happening in the field of NGO. We also expressed our solidarity for jallikattu by participating in huge numbers at the sands of Marina. The Makkal Nala Membattu Sangam is inching towards self-reliance and we continue to spread awareness on

gender equity to the marginalised slum dwellers.

MCCSS also represented on behalf of World Council of Churches, Geneva, in the faith-based organisation's workshop on disaster held at Colombo and shared its valuable input on disaster management. Also, the various rehabilitation models developed by MCCSS in transforming the lives of women under its care was well received by the participants at the International Conference organised by the Asia University at Taiwan.

The weddings throughout the year brought hope to our beneficiaries and cheer to us. The Ujjawala department has crossed another year of struggle, dejection, hope in its journey of rehabilitati ng many trafficked survivors.

The Integrated Complex of Senior citizens and children's home constantly reminds us the various phases of life. All children passed their examinations and have entered college and the senior citizens age gracefully in the premises. Master Prashanth again got selected for foot ball and he is admitted in the Sports Academy at Tuticorin.

The counselling centre in midst of volatile social context is still relevant in mending and healing wounds and hurts.

I am grateful to God for guiding this organisation so far, and thankful to the Archbishop, CSI Bishop and all the Executive Committee members for their guidance. The Programme staff worked hard to achieve the targets set in the Project Proposal with a good degree of commitment and dedication. I am so much indebted to thank all the donors, Government Agencies, Individuals and well-wishers for their financial commitment.

With Regards,

R. Isabel

Executive Secretary

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GENERAL BODY MEMBERS - 2017 - 2020

| Roman Catholic Church | Most Rev.Dr.George Antonysamy |
|------------------------------------|---------------------------------|
| | Rev. Fr. B. Stephen |
| | Rev. Fr. Patrick I Joseph |
| | Mr.C.D.Jose |
| | Mr.Bosco Alankararaj |
| | |
| Church of South India | Rt. Rev .Dr. J. George Stephen |
| | Ms Lenora James |
| | Ms.S.Yesudial |
| | Rev. Manuel S. Titus |
| | Rev. D. Paul Jesudoss |
| | Rev.S. Jacob Selvan |
| | Rev. D. Samuel Jacob |
| | Rev. G. Earnest Selvadurai |
| | Deacon. D. Sigamony |
| | Mrs. Mridulla Jothinayagam |
| | |
| Evangelical Church of India | Mr. A. Paul Pandurangan |
| Baptist Church | Rev. John Premkumar |
| Y.W.C.A. | Mrs. Christina Sharmila Moses |
| Arcot Lutheran Church | Mrs. A. Jayashalini Rathinamary |
| Word Life Foundation | Mrs. Roselind Rex |
| RAFA Care | Dr. Shanthi Davidar |
| Madras Christian College | Prof. N. Joshua Jayaseelan |
| Orthodox Syrian church | Not Nominated |
| Indian Evangelical Lutheran Church | Not Nominated |
| Beatitude Social Welfare Centre | Not Nominated |
| Advent Christian Conference | Not Nominated |
| Andhra Evangelical Lutheran Church | Not Nominated |
| Arcot Lutheran Church | Not Nominated |
| Inter Church Service Association | Not Nominated |

CONSTITUTION OF BOARD OF DIRECTORS

Executive Committee

The Executive Committee (EC) is constituted by the general body for a 3 year term. The members of the EC consisting of 14 members are elected by the members of the General Body at every third meeting. The working committee is constituted by the EC at its first meeting of new term, consisting of 5 members, which meets between the meetings of EC meetings to attend to urgent matters.



Most Rev.Dr.George Antonysamy Joint Chairperson



Rt. Rev .Dr. J. George Stephen Joint Chairperson



Rev. Fr. Patrick I Joseph Vice Chairperson



Ms Lenora James Hon Secretary cum Treasurer



Dr.S.Bosco Alangara Raj *Member*



Rev. Manuel S.
Titus
Member



Rev. D. Paul Jesudoss Member



Mr. A. Paul Pandurangan Member



Mrs. Roselind Rex Member



Dr. Shanthi Davidar Member



Mrs. Christina Sharmila Moses Member



Ms.S.**Yesudial** *Member*



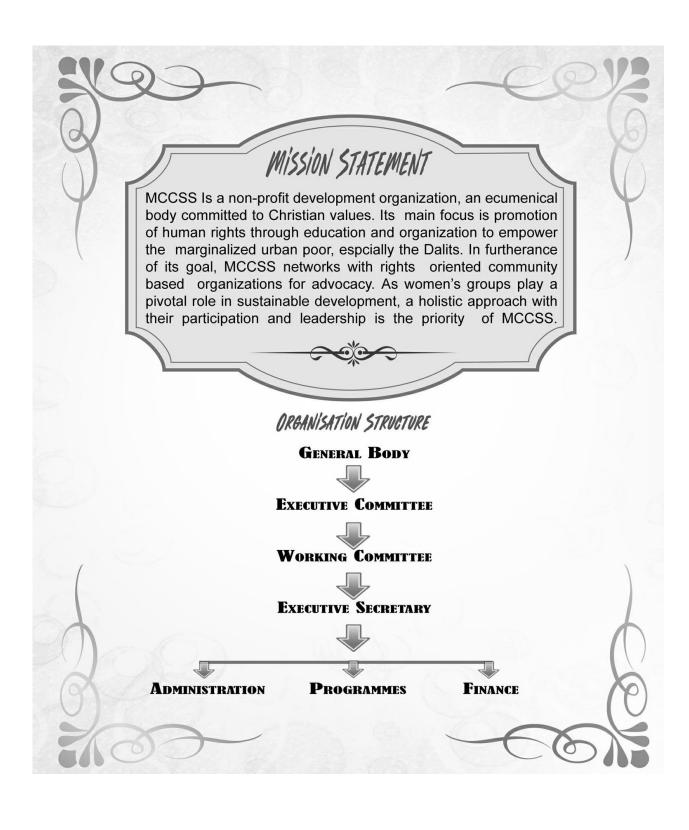
Mr.C. D. Jose *Member*



Rev.S.Jacob Selvan Member

EXECUTIVE COMMITTEE MEMBERS LIST [2017 - 2020]

| Most Rev Dr.George Antonysamy | Rt. Rev. Dr. J. George Stephen |
|---------------------------------|--------------------------------|
| Joint Chariperson – MCCSS | Joint Chairperson – MCCSS |
| Archbishop of Madras – Mylapore | Bishop of CSI Madras Diocese |
| Fr. Patrick I. Joseph | Ms Lenora James |
| Vice Chairperson – MCCSS | Hon Secretary cum Treasurer |
| Mr.C. D. Jose | Dr.S.Bosco Alangara Raj |
| Member | Member |
| Ms.S.Yesudial | Rev. Manuel S. Titus |
| Member | Member |
| Rev. D. Paul Jesudoss | Rev.S.Jacob Selvan |
| Member | Member |
| Mrs. Roselind Rex | Dr. Shanthi Davidar |
| Member | Member |
| Mrs. Christina Sharmila Moses | Mr. A. Paul Pandurangan |
| Member | Member |





Every day, behind closed doors and in public, human rights violations are occurring on a regular basis and people by and large are not aware of it. MCCSS is at the forefront of serving humanity in the fight against the gross violation of human rights.

MCCSS was founded in 1965 by Bishop Leslie Newbegin of the CSI Diocese of Madras as an Ecumenical Organization consisting of 13 main line church denominations and 4 Christian Service Organization. Bishop Leslie Newbegin and Archbishop Arulappa were the first Joint Chairpersons with Mr. Nelson as the First Executive Secretary.

The organization was registered in 1973 as society under the Societies Registration Act 1960. MCCSS initially focused on providing relief services to the poor slum dwellers of North Chennai during times of natural calamities such as floods, fire and cyclones in addition, socio political education of the poor became the primary focus of MCCSS activity. MCCSS has offered from 1974 till 2001 primary health care and health education and from 1976 to 1991 the Urban Comprehensive Community Health Service Centre was established in collaboration with the Madras Medical College, providing field training for its medical and para-medical students.

From the beginning of the 80's till the year 1995, MCCSS by organizing the community under the banner Hutment Co-ordination took up eviction issue as the major activity in which women played a major role and creates awareness among communities on how to protect people's right of choice-free from coercion and promote alternatives so that the right of choice becomes meaningful. MCCSS recognized the need to challenge its focus from relief to macro level activities in 1980. In the year 1983; MCCSS provided a new thrust towards building people's movement, initiating policy changes in favor of the poor. In 1987, MCCSS became involved in macro issued concerning urbanization and globalization. During 1989, development education influenced the direction in which programme planning and decision-making flowed within the organization. In 1996, Sangams became prominent and took up the cause of violence against women and was later transformed into separate women's department and helped to gain the recognition of the Tamil Nadu Corporation for Development of women in the year 2003.

Family counseling Centre and Short Stay Home were started in the late 80's to offer counseling and shelter to destitute women and children and with the breakup of the joint family system the Family Counseling Centre and Short Stay Home's role in the society have become a necessary.

MCCSS in 1991 launched the AIDS Awareness and Prevention Programme in the slums of Chennai. In 1994 the Intervention Programme for Women in Prostitution (WIP) was initiated with support of the Tamil Nadu State AIDS control society. In 1995 MCCSS set up an STD clinic in a target area where more than 2500 WIP registered for regular medical checkup. In 2008 an Innovative Programme for the Transgender Community to asses and highlight the issues and problems concerning the Transgender community was implemented. In 1997, continuum of Care for people living with AIDS, an urban model, was initiated with the support of TANSACS as a pilot project.

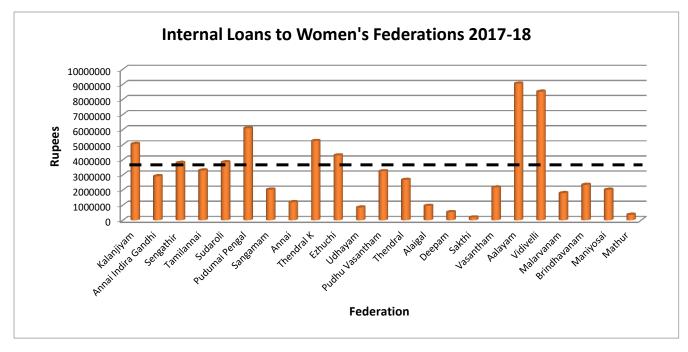
"Ujjawala"- a comprehensive scheme for the prevention of human trafficking among women and children funded by the Ministry of Women & Child Development, New Delhi was initiated in the year 2009. Its four components are Rescue, Prevention, rehabilitation and re-integration.

An Integrated Complex of Special Homes for Senior Citizens and children were started in the year 2012 funded by the Directorate of Social Welfare, Tamil Nadu. 25 inmates in each of the 2 homes are provided free accommodation, food and care with the able support of help of full time staff. Students from various colleges have been provided placement in different projects and they were

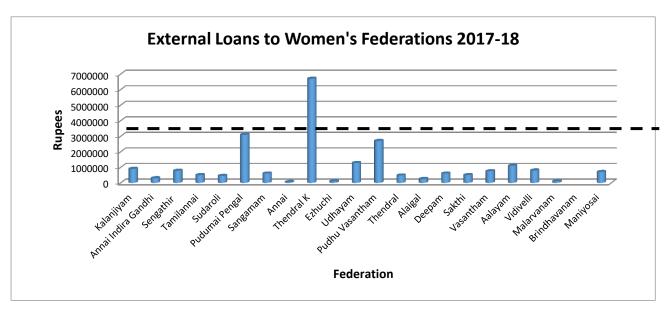
able to experience how to translate their study into action.

WOMEN IN DEVELOPMENT:

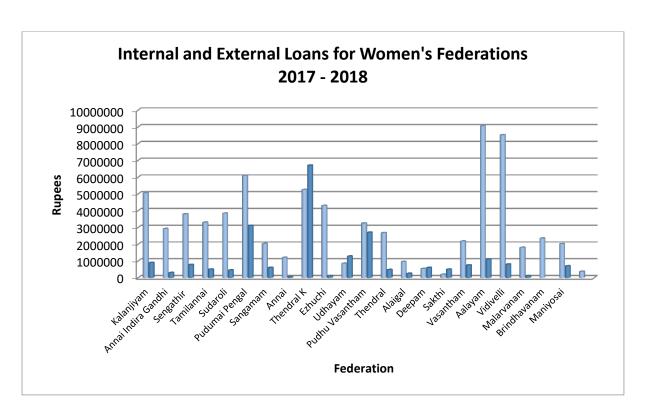
The Women in Development department, a paramount programme at MCCSS, focused to create a feasible change in the life of marginalised poor through self help groups. Our primary objective is to create a society with sustainable, integrated development among the underprivileged and poor people. MCCSS cultivate women's equalparticipation in Community Based Organisation or CBO's. The confederation a culmination of federation addresses human rights issues in and outside the community. MCCSS constantly working to inculcate and develop the capacity of the confederation to challenge gender based violence in the community. Our focus is to reduce the gender based violence in community through various capacity building programmes offered to women self help groups promoted by the MCCSS. Our twin objective is economic empowerment and social empowerment of the marginalised women.



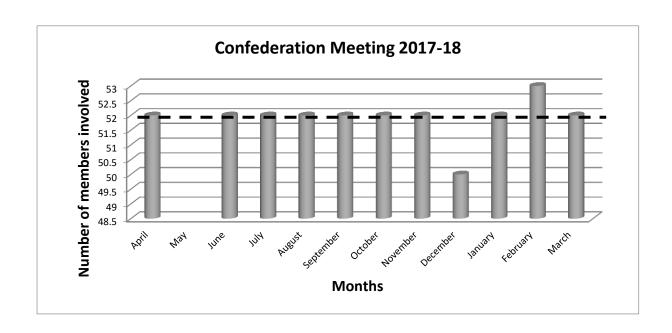
The above dotted line indicates the average internal loans for women's SHGs (Rs. 31, 53,522). Aalayam – internally lent the most (Rs. 90, 00,000) and Sakthi without borrowing any Internal loans

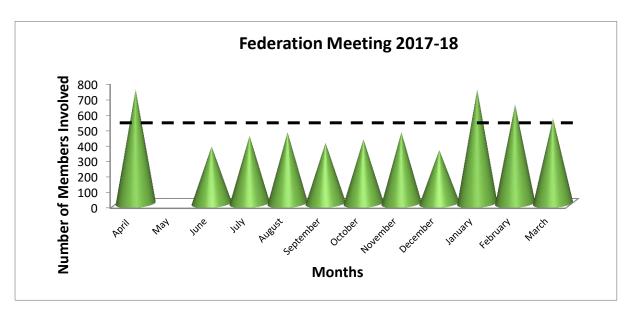


The average external loans for SHGs were Rs. 9, 88,652.as indicated by the dashed line. For Federations that withdrew loans from banks, Thendral K had the most external loans (Rs. 67, 00,000).

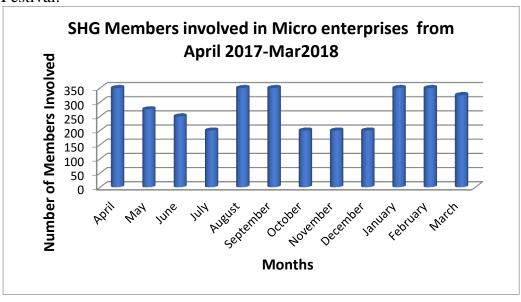


All SHGs take more internal loans than External loans. A few SHGs did not take out any external loans.

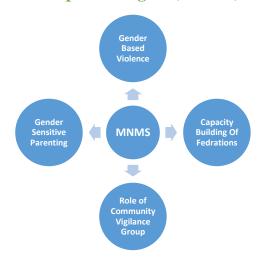




Federation meetings had an average attendance of 503 members per month (dashed line). Throughout the year, federation meetings increased in attendance by about 8 members per month. Federation attendance likely peaked in January due to the Pongal Festival.



Trainings for MakkalNalaMempattu Sangam (MNMS)



Human Rights Day 2017-Campaign on Gender Sensitive Parenting

On 26th January 2018 MCCSS organised a human rights day campaign on the theme, "Let's **stand up for equality, justice and human dignity"** in ChellamalThottam Slum,Royapettah. Around 150 women from Self help Groups and community participated in the campaign. Women carrying placards and raised slogans to stop gender based violence on women. Mr.Kaleeswaran, Director of Alternate media centre and his team performed various traditional parai dance, Oyilattam,Karagattam and silambattam to exhibit various forms of gender based violence faced by women and gender insensitive parenting. They concluded that gender based violence will get reduced only through community participation and through gender sensitive parenting practices.Mr.A.V.Jayakrishna founder MATTRAM trust was the other resource person for our programme. The campaign ended with the pledge both by the Community and Self help group.

Human Trafficking Awareness Campaign

On 26th January 2018 WID department organised anti trafficking awareness campaign in chellamalthottam. This campaign is to spread awareness about trafficking issues prevailing in India and Chennai. Since trafficking is considered as typical gender based violence WID department organised this campaign in chellamalthottam one of the slums situated in Royapettah, Chennai. The major objective of this campaign is to spread the message on various issues such as introduction to trafficking, trafficking and its various purposes, modus operandi, effects of trafficking on victims, community vigilance group, roles and responsibility of CVG, current scenario, role of slum women and SHG members in preventing trafficking and role of MCCSS in reducing gender based violence. Awareness materials such as pamphlets were distributed for the participants containing detailed information about trafficking and MCCSS efforts in preventing trafficking. Community members gave feedback that the campaign is very much effective as a second generation prevention

programme they will not send their girls to unknown job opportunities and as well as they create a good rapport with their family girls to share whatever they are facing.

International Women's day Campaign -2018

Madras Christian Council of Social Service in collaboration with Aalayam federation commemoratedInternational Women's Day in the month of March 2018. Around 150 self help group women participated in the programme. Main objective of the programme is to sensitize women about the gender based violence and gender sensitive parenting practices. Various cultural events such as dance and skit have been performed by the self help group women to highlight the importance of gender sensitive parenting practices. Participants carried placards, raised slogans against gender based violence and supporting gender sensitive parenting practices. Then there was a debate about either society or family stands as a hindrance for the development of women. Four self help group' members participated in the program.

Staff Capacity Building Training:

The training was conducted for two days with the major objective of equipping staffs on understanding gender; Gender based violence and ways to prevent the gender basedviolence. The training took place at CSI retreat centre, Ponda for 2 days on 18th and 19th February 2018.Mr.Joshua Jeyaseelan, Asst Professor- Department of Social work, Madras Christian College was the resource person for our two days capacity building training. Topics covered under training areGender, genderidentification, genderclassification, and gender based discrimination prevailing in the society, different types of gender, understanding gender in the purview of slum community and gender based violence. He also showed various documentaries related to gender and gender based violence prevailing in the society.

Staff Exposure Visit

On 22nd February 2018 MCCSS staff team along with the women in development department staff went for an exposure visit to "Swift Wash" (A centre for research, training and economic rehabilitation). This centre is one of the Initiative of ARZ NGO in GOA, ARZ is a social work organization committed to combating trafficking of persons for the purpose of sexual abuse and commercial sexual exploitation in Goa. ARZ organization works for both with the victims of commercial sexual exploitation, and also against those who are perpetrators of this crime. The Economic Rehabilitation Programme initiated by Arz in 2006 to cater to the economic empowerment of victims of sexual exploitation led to the setting up of Swift Wash, a fully mechanized laundry unit in Sancoale, Goa for providing employment to the victims of commercial sexual exploitation. This initiative stood as an example of rehabilitating the gender based violence victims.

Outcome & impact oriented monitoring:-

Outcome & Impact Oriented monitoring training was conducted by Mrs.Anthya Madiath on 10th and 11th Auguest 2017. She oriented about the objectives and indicators of the project, baseline data, and measurement of achievement of objectives through the indicators, reviewing proposed activity frame work of the

project, learning how to compose the six-monthly project report, understanding the deficiencies in reporting particularly related to outcomes and impacts and developing key content of and formats for staff reports.

Annual Strategic Planning:

The annual strategic planning meeting for the members of MakkalNalaMembattu Sangam (MNMS) and for the federation members was conducted at government youth hostelfrom 25th -28th of August 2017 at Trivandrum, Kerala. Forty six members including the staff s participated in the annual strategic planning meeting. Mr. Jerome ofwanderers media team were the resource person for the annual strategic planning meeting.

Objectives of the Annual Strategic Planning:

The main objective of organizing the annual strategic planning is as follows:-

- ➤ To inculcate the knowledge about gender sensitivity parenting and gender policy for the (MNMS) members and federation members.
- To create mission, vision, objective and events schedule for the (MNMS).
- ➤ To design innovative activities and events for creating awareness about gender sensitive parenting.
- ➤ To plan and reduce gender based violence among the slum community using the self help group women through (MNMS).

Participants have been divided into 2 groups and they were given two topics for group discussion such as yearly planning schedule of MNMS and another group with activities and events to be performed by the federation for the upcoming months. After the discussion they were called for presentation and they shared their suggestions and findings in front of the group and concluded the planning session. Mrs.Velankanni(MNMS Secretary) said" This year annual strategic planning serves as an eye opener to know exclusively about gender sensitive parenting, even this sessions is very useful for MNMS leaders and members to frame their vision and mission statement"

Networking:

International conference on human trafficking was conducted at Kolkata. This Training programme was organized by Kolkata Mary Ward Social Service. Sis. Anitha CEO, Kolkata Mary Ward Social Service inaugurated the International conference. Main emphasis was given on the topic reintegration of trafficked victims. Ms. Daman Queen Ph.D scholar from Chennai presented thesis on effectiveness of rehabilitation services provided by MCCSS. The presentation pointed out the efforts and the challenges faced by MCCSS in the process of rehabilitation the entire two days conference was interesting and helped us to upgrade our knowledge on current scenario of human trafficking. This helps us to develop our efforts in preventing human trafficking.

Alliance Building:

We are keen in developing our alliance with other organizations to ensure a unique platform for preventing gender based violence and gender in-sensitive parenting. MCCSS collaborated with various organizations including All India Democratic Women Association especially working for women rights. MCCSS participated in various protest organized by AIDWA in promoting women rights.

Capacity Building Training of Community Vigilance Group Members:

Twenty community vigilance groups have been formed and follow up meetings have been held two months once respectively for the 20 groups. We have conducted 4 capacity building training for CVG members on the topic Gender based violence, types of gender based violence, present generation kids, influence of media on children, advantages and disadvantages of social media, good parenting and bad parenting practices, gender insensitive parenting practices Community vigilance group members play a keen role in preventing gender based violence they are constantly helping gender based violence victims through referring them to free legal aid clinic of MCCSS and also providing awareness for the community members on gender insensitive parenting practices.

Makkal Nala Membattu Sangam (MNMS):

MNMS a well structured with many federations involved in it acts as an independent body for the development of the community as well as protecting the rights of the women in deserved manner. This year MNMS serves as an instrument to attain our objectives of reducing gender based violence among slum women using our self help groups. They are working towards preventing gender insensitive parenting practices. They are regularly updating these topics in their federation meetings and trainings.

SWADHAR GREH

(ANNUAL REPORT FOR THE PERIOD APRIL 2017 – MARCH 2018)

BACKGROUND:

Recognizing the need to prevent women from exploitation and to support their survival and rehabilitation, the scheme of Short Stay Home for women and girls was introduced as a social defense mechanism, by the then Department of Social Welfare in 1969. The scheme is meant to provide temporary accommodation, maintenance and rehabilitative services to women and girls rendered homeless due to family discord, crime, violence, mental stress, social ostracism or are being forced into prostitution and are in mortal danger.

The different activities at the Swadhar Greh are focused to enhance the oneness, sharing and group spirit among them. The effort is to create an atmosphere of mutual acceptance, so that inmates get opportunities to appreciate the problems of one another and be considerate and understanding. This group situation helps the individual to realize that her problem is microscopic in nature, when compared to that of others. Group living, brings about attitudinal and behavioral modification, which provides personal growth and emotional support. In instances, where the client reunites with her family and spouse this learning experience goes a long way in accommodating to a difficult situation.

VISION:

The scheme envisions a supportive institutional framework for women victims of difficult circumstances so that they could lead their life with dignity and conviction. It envisages that shelter, food, clothing, and health as well as economic and social security are assured for such women. It also envisions that the special needs of these women are properly taken care of and under no circumstances they should be left unattended or abandoned which could lead to their exploitation and desolation.

OBJECTIVES:

SWADHAR GREH FUNCTIONS WITH A CAPACITY OF 30 WOMEN WITH THE FOLLOWING OBJECTIVES

- 1. To cater to the primary need of shelter, food, clothing, medical treatment and care of the women in distress and who are without any social and economic support.
- 2. To enable them to regain their emotional strength that gets hampered due to their encounter with unfortunate circumstances.
- 3. To provide them with legal aid and guidance to enable them to take steps for their readjustment in family/society.
- 4. To rehabilitate them economically and emotionally.
- 5. To act as a support system that understands and meets various requirements of women in distress.
- 6. To enable them to start their life afresh with dignity and conviction.

STRATEGIES:

- 1. Temporary residential accommodation with the provision of food, clothing, medical facilities etc.
- 2. Vocational and skill up gradation trainings for economic rehabilitation of such women
- 3. Counseling, awareness generation and behavioral trainings
- 4. Legal aid and Guidance
- 5. Counseling through telephone.

BENEFICIARIES:

The benefit of the component could be availed by women above 18 years of age of the following categories:

- Women who are deserted and are without any social and economic support;
- Women survivors of natural disasters who have been rendered homeless and are without any social and economic support;
- Women prisoners released from jail and are without family, social and economic support;
- Women victims of domestic violence, family tension or discord, who are made to leave their homes without any means of subsistence and have no special protection from exploitation and/or facing litigation on account of marital disputes; and
- Trafficked women/girls rescued or runaway from brothels or other places where they face exploitation and Women affected by HIV/AIDS who do not have any social or economic support.

Women affected by domestic violence could stay up to one year. For other categories of women, the maximum period of stay could be up to 3 years. The older women above the 55 years of age may be accommodated for maximum period of 5 years after which they will have to shift to old age homes or similar institutions. Swadhar Greh facilities could also be availed by the children accompanying women in the above categories. Girls up to the age of 18 years and boys up to the age of 8 years would be allowed to stay in the Swadhar Greh with their mothers.

ACTIVITIES OF SWADHAR GREH:

- Intensive Counselling and emotional support
- Discussion on social issues
- Socializing and Group Therapy
- Health Services
- Legal literacy
- Vocational Trainings
- Advisory / Neighborhood committee meeting
- ❖ Cultural programs, Entertainment and training in art and culture

(From April 2017 to March 2018)

Total No of Inmates Admitted : 132

Total no of Children Admitted : 47

Total No of inmates discharged : 130

Types of Cases

| i. | Marital Problem | | 06 |
|-------|---|----|----|
| ii. | Mal-adjustment with spouse | | 16 |
| iii. | Harassment by spouse | | |
| iv. | Un-wed mother | | 04 |
| v. | Trafficking | | |
| vi. | In-laws Interference | | 02 |
| vii. | Mal adjustment with family membe | rs | 01 |
| viii. | Suspicious behavior | | 01 |
| ix. | Any other (specify) | | |
| | - Destitute / Deserted/widow | | 02 |
| | - Psychiatric Problem | | 04 |
| | - Temporary Shelter | 21 | |
| | - Love affair | | 06 |
| | - Extra-marital affair | | 03 |
| | - Moral Danger | 18 | |
| | - Beggary | | 05 |
| | - Run Away | | 01 |
| | - Orphan | 03 | |
| | - Dowry Harassment | | |
| | - Police custody | 18 | |
| | - Premarital Sex | | |
| | - Domestic violence | | |
| | - Alcoholic Addiction | | 06 |
| | - Sexual Abuse | | |
| | Acid Attack Victims | | 04 |
| | - Family Disorganization | | 11 |

9. Rehabilitation, Assistance provided to women:

1. Employment:

(Give number under each head of discharged residents)

| a. Service | : | |
|--------------------------------------|---|----|
| b. Self-employment | : | |
| 2. Restored to parents | : | 16 |
| 3. Reconciled with husband, in-laws, | : | 19 |
| 4. Relatives / Friends | : | 06 |
| 5. Marriage | : | 03 |
| 6. Others | | |
| - Referred to other NGOs | : | 06 |
| - Child Welfare Committee | : | 03 |
| - Went on their own | : | 09 |
| - Handed back to police | : | 39 |

Services being provided to residents

- Handed back to NGO

- (i) Vocational training
 - **♥** Tailoring

- Pending

- Simple Chemicals (Soap Oil, Phenyl etc)
- Fashion Jewelry Making (Quell paper)
- Cookery (Home-made chocolates)

- Gone back to School/College/Work

- Referred to Protection Home /ICSH / :

05

02

24

- & Craft Work
- (ii) Literacy Classes (Tamil and English)
- (iii) Education of Children

RECREATIONAL ACTIVITIES FOR RESIDENTS

- T.V.
- Carom Board
- Chess
- Group Games
- Book Reading
- Evening walk to the park nearby
- Dance Therapy
- Laughter Therapy
- Meditation

Group Works / Programmes / Celebrations

| DATE | ACTIVITIES | RESOURCE PERSON |
|----------------------|--|---------------------------------|
| 03.04.17 | Outing – Tamil Movie Kavan | Staff Team |
| 04.04.17 | Artificial Jewellery Making Training | Ms Josephine Mary |
| 05.04.17 | | |
| 10.04.17 21.04.17 | | |
| 28.04.17 | | |
| 13.04.17 | Pain Balm Making - Training | Ms Josephine Mary |
| 19.04.17 | Laws on Violence Against Women | Adv. Parvathi |
| 22.04.17 – | Training on Adolescence | YFC - Chennai |
| 25.04.17 | | |
| 03.05.17 | Outing – Bahubali Tamil Movie | Staff Team |
| 03.05.17 | Artificial Jewellery Making | Ms Josephine Mary |
| 06.05.17 | | |
| 09.05.17 | | |
| 12.05.17 | Phenyl Making Training | Ms Josephine Mary |
| 17.06.17 | Personal Hygiene | Ms Josephine Mary |
| 17.06.17 | Pain Balm Making Training | Ms Josephine Mary |
| 22.06.17 | Group work on Health & Hygiene Collage Work | Overseas volunteers from Mexico |
| 01.07.17 | Importance of Documents (Certificates) | Ms Josephine Mary |
| 01.07.17 | Cultural Programmes | Volunteers from Taiwan |
| 17.07.17 | Soap Oil Making | Ms Josephine Mary |

| 21.07.17 22.07.17 | Art Therapy | Overseas Volunteers from Mexico |
|----------------------|---|---|
| 10.08.17 15.08.17 | Psycho-socio Care Workshop Thenmalai, Nedumparai | MrSibi |
| 27.08.17 | Marriage of inmate MsArulrani | Staff Team |
| 31.08.17 | Marriage of inmate Ms Priya | Staff Team |
| 03.09.17 | Marriage Reception of inmate Ms Vani | Staff Team |
| 15.09.17 | Personality Management / Self Esteem | Social Work students from Stella Maris |
| 21.09.17 | Silk Thread Jewellery Making | Ms Josephine Mary |
| 09.10.17 | Elders Day Celebration Jeyalakshmi Marriage Hall – | DSW Office |
| 12.10.17 | Literacy Classes | Ms Josephine Mary |
| 15.10.17 | Outing to MGM | Nesam NGO |
| | Diwali Celebration | Staff Team |
| 24.10.17 | Jewellery Making | Ms Josephine Mary |
| 30.10.17 | Group work on Parenting | Social Work students from Stella Maris |
| 14.11.17 | Children's Day Celebration | Staff Team |
| 17.11.17 | Silk thread jewellery making | Ms Josephine Mary |
| 22.11.17 | Group work on Health & Hygiene | Social Work students from Stella Maris |
| 05.12.17 | Silk thread jewellery making | Ms. Josephine Mary |
| 07.12.17 | Ex-Client Ms. Elizabeth's Marriage | Staff team |
| 21.12.17 | Christmas Celebration | Mr. Ajit |
| 05.01.18 | How to face adolescent problems | Rapha Care |
| 11.01.18 | Gone Aruwi Movie | Staff Team |
| 12.01.18 | Pongal Celebration | MNMS |
| 19.01.18 | Silk thread jewellery making | Ms Josephine Mary |

| 06.02.18 | Jewellery Making | Ms Josephine Mary |
|----------|-----------------------------|-------------------------------|
| 07.02.18 | Moral Classes | YFC - Chennai |
| 27.02.18 | Career Guidance | Ms.Suganthi – Counsellor |
| 08.03.18 | Jewellery Making | Ms Josephine Mary |
| 09.03.18 | Drama Competition | Social Work student from MSSW |
| 16.03.18 | Exhibition | Ms.Rani – Superintendent |
| 22.03.18 | Group work on Mental Health | Social Work student from MSSW |

MEDICAL SERVICES

Apart from the medical checkup done at arrival to Swadhar Greh, periodical medical checkup is also carried out for the residents by the doctors who are in the advisory committee. Regular weekly medical check-up for the residents is done by MCCSS the part time doctor of the MCCSS. Relevant medication and treatment is also provided for the residents.

NEIGHBORHOOD COMMITTEE MEETINGS

The members of the Neighborhood committee constitute professionals and experts. They include doctors, advocates, police personnel, psychiatrist, teachers and social workers. The committee met once in three months and rendered their professional advice and valuable suggestions for the benefit of Short Stay Home inmates. The Neighborhood committee meetings were held on:

28-06-2017

27-09-2017

22-12-2017

20-03-2018

FAMILY COUNSELING CENTRE

(Annual report for the period April 2017 – March 2018)

INTRODUCTION

MCCSS Family Counseling Centre allows clients to receive professional and referral services in a safe, confidential environment, while serving as a liaison with police authorities and government systems for individuals in need. Services mainly support women's issues, including dowry harassment and recovery of seedhana articles. In these cases of divorce and property disputes, the clients are guided through the legal process.

Counseling services at the FCC are provided by professional and experienced social workers, all of whom strive to build positive and supportive relationships with each client. The counseling sessions may be individual or joint sessions, either of which focuses on guiding the clients to make healthy decisions for their familial relationships. As the marital problems are processed, clients choose whether they plan to reconcile or begin to plan their lives independent of one another. For fifteen years, the FCC has aided suffering families with these crucial decisions.

OBJECTIVES

- To create awareness about family problem, marital problem, adolescent problem, sex education etc.
- To give special education to the family members with support and extra care to the client.
- To encourage the family to listen supportively to the person.
- To get emotional support for the family which helps greatly is facing problems.
- To discuss the family problem with the client very carefully and respectfully with the family.
- To encourage the role responsibility and need to normalise the activities of the individual and the client.
- To educate both client and family members as how to handle their family problems.

Counselling is an important role of family counselling centre. The counsellor provides and guides valuable information to the client after getting the brief history from the client and the family members and diagnose about various problem.

Individual counselling, group counselling, family therapy, behaviour modification therapy, environment modification therapy, marital therapy, reality therapy and psychological support to the client and family members are the main activities of the FCC. We are providing counselling on marital problem, family sex education, economic problem, adolescent problem, helping the alcoholic, aging, dowry related problems and drug abuse.

ACTIVITIES

- Individual, Couple and family counseling.
- Police assistance
- Legal assistance
- Education assistance
- Career guidance
- Employment guidance
- Referral services
- Awareness program
- Medical and psychiatric assistance

Statistical data:

New Case Registered : 347

Case closed during this period : 337

Type of case registered in the Family Counseling Centre

| Mal- Adjustment problem with spouse | | |
|---|----|--|
| Love affair | 1 | |
| Moral danger | | |
| Run away | | |
| Dowry demands | 9 | |
| Domestic violence (mental and physical torture) | | |
| Personality difference | | |
| Interference of parents/in-laws | 33 | |
| Extra marital relations | 34 | |
| Alcohol / drug addiction | 59 | |
| Economic crisis | 8 | |
| Temporary shelter | 43 | |
| Un wed pregnancy | | |
| Adoption | | |
| Hostel placement | 3 | |
| Suspicious | 33 | |
| Sexual problem/ abuse | 8 | |
| Depression | 3 | |
| Family property dispute | 8 | |
| Psychiatric Problem | | |

Outcome of closed cases

| Reconciliation | 111 |
|-------------------|-----|
| Separation | 78 |
| Mutual settlement | 123 |
| Dropouts | 17 |

Legal Aid

Total no of cases : 22
Financial dispute : 02
Divorcee : 09
Property dispute : 04
Marital problem : 07

Awareness program

| Date Topic | | Resource person | |
|------------|--|-----------------------------------|--|
| | Prevention of Trafficking | Mr Dilip Kumar, Family Counsellor | |
| | Women Empowerment | Ms Joanna, Family Counsellor | |
| 01.02.18 | Mishandling of Electronic Gadgets | Ms Amala – Inspector of Police | |
| 21.02.18 | 22.18 Legal Awareness Advocate Vijayalakshmi | | |

Advisory Committee Meeting

The Advisory committee of MCCSS counseling centre consists of experts such as doctors, advocates, police, psychiatrists and professional social workers. This committee meets once in 6 months to review the working of the centre. Complicated cases handled by the counselors are discussed in the advisory committee meeting. In instances where solutions are difficult to arrive at these committee members given their professional advise and suggestions. They are also in source of information on availability of supplementary services like placements trainings and psychiatry assistance. The counselors consult these professionals during the course of the year when special counseling to the clients is needed. During this period the Advisory committee was held on:

28-06-2017 27-09-2017 22-12-2017 20-03-2018

UJJAWALA - PREVENTION OF TRAFFICKING

Introduction:

Human Trafficking is the illegal movement of people either by force or by allurement for forced labour or commercial sexual exploitation. Trafficked victims are forced to live in horrifying conditions, without pay for many years. The victims are unable to see their family or friends. The trafficked are controlled and monitored by the traffickers leading towards lack of freedom to movement. The Ujjawala project is funded by the Ministry of Women and Child Development, New Delhi with special focus on Prevention, Rescue, Reintegration and Rehabilitation of Trafficked survivors.

Objectives of the project:

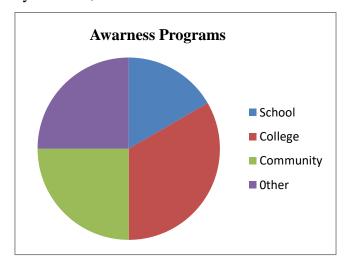
- To prevent trafficking of women and children for commercial sexual exploitation through social mobilization and involvement of local communities, awareness generation programmes, generate public discourse through workshops/seminars and such events and any other innovative activity.
- To facilitate rescue of victims from the place of their exploitation and place them in safe custody.
- To provide rehabilitation services both immediate and long-term to the victims by providing basic amenities/needs such as shelter, food, clothing, medical treatment including counselling, legal aid and guidance and vocational training.
- To facilitate reintegration of the victims into the family and society at large
- To facilitate repatriation of cross-border victims to their country of origin.

Target Group / Beneficiaries

• Women and children who are vulnerable to trafficking for commercial sexual exploitation.

Prevention:

During the reporting period a total of 13 Awareness Programs were conducted at various schools, colleges and to the general public. Through these awareness programme Community Vigilance Group (CVG) were formed in community. Through kalajathas, skit, mass media, and distributing awareness materials like pamphlets, badges, banners and stickers. Kadathal short film which is based on a true story of a victim was screened and victims shared that how trafficking scattered their lives. CVG's play a very vital role in prevention of trafficking. CVG's are formed among various target groups, like College Students, NSS teachers; Self-Help Group Members, Community Leaders, Grass Root Level Workers and the General Public.



Programme: Awareness on human trafficking

Date : 21.7.17

Venue : Madras Medical Mission

The Madras Christian Council of Social Services (MCCSS) collaborated with the Madras Medical Mission College of Health Sciences (MMM) to conduct a seminar on Human Trafficking. The program was attended by 223 students and faculties of MCCSS. The Resource team consisting of Ms.R.Isabel (Executive Secretary), Mr. Alexander (Project Director), Mr.Padmanaban (Project Coordinator), Ms. Dipika Minj (Clinical Psychologist), Ms.P.Mercy Dayana and Mr. Dilip Kumar (Social Worker) delivered an in-depth information about Human Trafficking and Prevention. The short film 'KADATHAL' was screened to reflect the true story of a victim. The short film gave a clear idea and understanding about the issue.

The faculties and students who attended the program took a pledge that they will be vigilant towards trafficking and join hands to eradicate the issue. This was very assuring to hear feedback of impact of the seminar that was from the MMM college. They said that the Seminar was an eye-opener and very informative.

Programme : Community Vigilance Group

Date : 7.2.18

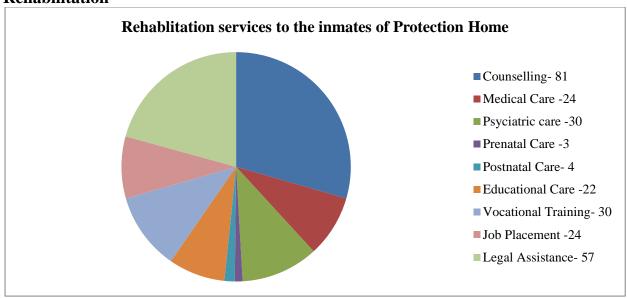
Venue : Chennai Institute of Technology

We have conducted community vigilance group formation meeting for Chennai institution of technology the volunteers from various departments. The program was organized by Ms. Vaishnavi and team. The program was eye opener for target community and they were assured to become a community vigilance group member.

Vigilance home visits:

Ujjawala staffs Mr.Dilip kumar and Ms. Mary Ann Sitton make regular visits to the Vigilance home twice a week to provide counseling, if needed they also provided with legal assistance and help in familial contact. MCCSS appoints a lawyer, files petition and gets the custody of the victim girl from honorable court. During counseling session within the vigilance home, language is often a barrier. However, Ms.Mercy Diyana in Telugu and Mr. Dilip kumar in Kannada are able to cross the barrier. During the reporting period many courts were visited like Trichy and Chengalpettu to get custody of the victims. After getting custody from court the victims are directed to protection home of MCCSS.

Rehabilitation



Programme : Sowbakya Marriage

Date : 30.4.2017

Venue : Sri Ekambareswaw Kamachi Amman Temple.

Sowbakya's marriage was solemnized on 30.4.2017 @ Sri Ekambareswarw Kamachi Amman Temple. Through reference Mr. Sasi Kumar registered in the marriage bureau of MCCSS. Saidapet metropolitan magistrate Mr. Abraham Lincoln and District social welfare officer Ms. Jeyalaksmi and all the MCCSS staff including the Ujjawala departments were present at the marriage to bless the couple. The couple was provided with some seed money and the marriage. All the inmates participated and graced the occasion.

Programme : Elizabeth Marriage

Date : 7.12.2017 Venue : MCCSS

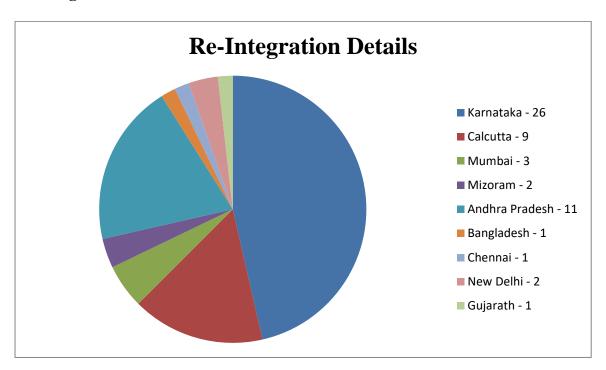
The inmate Elizabeth stayed in MCCSS for the past years; she did her schooling and Diploma with the support of the organization. Through the reference from marriage bureau of MCCSS Mr.Nelson a Chennai based young man working in catering field expressed willingness to marry Elizabeth. The marriage was solemnized on December

7th in CSI Church, GKM Colony. The reception was held in the jubilee hall of MCCSS. All the inmates participated and grace the occasion.

Job Placement:

One of the inmate Ms. R. Kavitha who is been in our protection home has completed the beautician course and joined in Tony and Guy as Hair Dresser. She also does bridal make-up for marriage events and other events.

Re-Integration:



Rajamundri Reintegration

Kushma is 20 years old and hails from Rajahmundry (Andhra Pradesh). Her parents had passed away in a very tender age and she was staying with her grandparents since her childhood days. She studied up to 4th standard and had been working in the agricultural farm; She came across a friend in agricultural farm who promised her a job at Chennai, believing him she travelled to Chennai where she was forced to indulge into flesh trade after her arrival. Later she was rescued by AVS police and was kept in Vigilance home, Mylapore. Ms.Rani, Social worker from MCCSS met her and counselled through which she came to know about her background. She filed petition and took custody and admitted the victim in protection home on 09-06-2017. During her stay in protection home victim underwent Psychological counselling. The team consisting of Ms.P.Mercy Dayana Social Worker, MCCSS and Ms. Dipika Minj from

MCCSS travelled to Rajahmundry with the victim girl Kushma on 27for the reintegration. We started our journey from Chennai to Rajahmundry on 27th July, Thursday by Howrah Mail (12840) and re-integrated the victim on 28th of July, Friday at 11:00 a.m. After verifying the necessary document of the victim's Grandmother and victim, Social worker from MCCSS counselled the victim not to get back into the flesh trade and family accepted the victim.

International conference on Human Trafficking

International conference on human trafficking was conducted at Kolkata on 25.11.2018. The Training programme was organized by Kolkata Mary Ward Social Service The First day inaugurated by Sis. Anitha CEO, Kolkata Mary Ward Social Service. The staff attended the session on the topic related to reintegration. The first day was informative and updating the knowledge in our field. One of the P.hd scholars Ms. Deman Queen presented the theses on effectiveness of rehabilitation services provided at MCCSS. The presentation unwilled the efforts and pointed out the challenges faced by MCCSS in the process of rehabilitation the entire two days conference was interesting and provided understanding on current scenario of human trafficking field and how to design work for compact human trafficking in India

Exposure visit to ARZ (Swift Project), Goa

All the MCCSS staffs had visited to Industrial Area. ARZ office, Swift Project had rehabilitation under which is near CSI dispensary. The Director of the NGO shared about the Ngo's activities and projects by our Ms. Isabel. Then he also told us about "How the government cooperates for all the work and also said only Ujjawala project is under work and thus for their rehabilitation. Shift wash Laundry has been commenced. We now came to review that this organization have been started for years and also this rehabilitation centre has been shifted from 2008. Following that we took a visit to the rehabilitation centre, took a group photo and left that place.

INTEGRATED COMPLEX OF SPECIAL HOMES FOR SENIOR CITIZENS & DESTITUTE CHILDREN

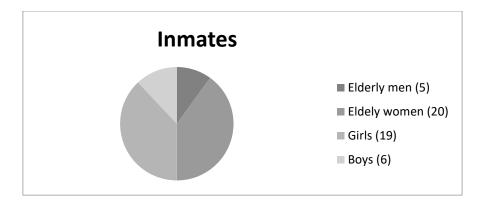


INTRODUCTION

There has been a steady rise in the population of older persons in India. The number of older persons has increased from 19.8 million in 1951 to 76 million in 2001 and the projections indicate that the number of 60+ in India will increase to 100 million in 2013 and to 198 million in 2030. The life expectancy, which was around 29 years in 1947, has increased manifold and now stands close to 63 years.

The traditional norms and values of the Indian society laid stress on showing respect and providing care for the aged. However, in recent times, society is witnessing a gradual but definite withering of the joint family system, as a result a large number of parents are being neglected by their families exposing to lack of emotional, physical and financial support. These older persons are facing a lot of problems in the absence of adequate social security. This clearly reveals that ageing has become a major social challenge and there is a need to provide for the economic and health needs of the elderly and to create a social milieu, which is conducive and sensitive to emotional needs of the elderly.

The incidents of broken families as a result of extinct of joint families results in increasing of orphans and destitute children. To care for the disowned elderly and destitute children, the Government of Tamil Nadu has set up an Integrated Complex of Special Homes (ICSH) for the senior citizens and destitute children in each District of our State and MCCSS was considered for allotment of one ICSH and the same is in operation. Honourable Chief Minister of Tamil Nadu has inaugurated the ICSH Project through video conferencing on 15th October 2012. We have admitted 25 senior citizens and 25 destitute children in the ICSH. As of now there are 50 inmates, which include 5 older men, 20 older women, 19 girls and 6 boys.



AIMS AND OBJECTIVES

The main objective of the Scheme is to improve the quality of life of the Older Persons by providing basic amenities like shelter, food, medical care and entertainment opportunities and by encouraging productive and active ageing.

MCCSS provides care & protection and rehabilitation services in the Integrated Home to -

- Elders who have been abandoned by their families
- Elders who face cruelty from their children
- Uncared elders

MCCSS provides them:

- Safe Shelter with peaceful environment
- Healthy Food
- Emotional Support and Counselling
- Medical Assistance

Activities

• REPUBLIC DAY CELEBRATIONS

The inmate of the ICSH Project participated in the Republic Day program. The flag was hoisted, and the trainee students conducted the activities.

• CHILDREN'S DAY PROGRAM

The department celebrated its 6^{th} year anniversary along with the Children day programme. Donors of the home felicitated the events. Various events and completion organized throughout the day.

• ECO Park Visit

The team from Ambassador Pallava arranged a trip to ECO Park. The inmates enjoyed visiting the place.

• Elders Day

As a part of the World Elders day Celebration, our elders participated in the program organized by help age India on 1.10.2017 at Kusalaambal Kalyana Mandabam, Chetpet.walking sticks were provided for the elders.

Psycho Social Care Program

On 12.8.17, the inmates of Children Home were taken to Kerala Nedumbarai as recreational program. Personality devolvement class were conducted. The children learnt new things out of it. The children even enjoyed site seeing.

The inmates participated in the Christmas program conducted in our organization on 22. 12.17, the children participated in dance and elders performed a drama which depicted the Birth of Jesus

SABLA PROGRAM

The team from Nesam NGO organized a trip to Theme park "MGM" on 15.10.2017. The children enjoyed each and every rides and games there.

SWATCH BHARAT

The DCPU team organized a Swach Barath Camp at MCCSS. The inmates were taught to keep the surrounding clean. At the end of the session, oath was taken by the inmates maintain 'Clean India'

PINKATON

Pinkaton Fitness team conducted an Enthusiastic rally to promote awareness of healthy lifestyle for women and increase awareness of breast cancer and other issues that put women's health at risk.

Mess Committe

Regular Activities

| Home Committee Meeting |
|---|
| Mess Committee Meeting |
| Elders Activities (News paper reading, Yoga, Exercise) |
| Doctor Visit (Elder and Children) |
| School Visit |
| Home Visit (Elder and Children) |
| Gardening |
| Counselling (Elder and Children) |
| Girls Home Meeting |
| Boys Home Meeting |
| Elders Meeting |

FIELD WORK PLACEMENTS FOR STUDENTS

MCCSS remains one of the most sought-after institutions among academic institutions for its various projects and for offering an in-depth and practical social work experience. The quantity of students who seek MCCSS is a clear evidence of the quality of work being done in the society at large. Students are provided with an in-dept orientation of different programmes as well as shadowing and registering all the different case scenarios from the field.

| S.NO | DATE | NAME | COURSE | COLLEGE |
|------|------------|---------------------|--------|----------------------|
| 01 | 02-05-2017 | DIPIKA | MSW | LOYOLA |
| 02 | 28-06-2017 | MARI KRISHNA | BSW | PATRICIAN COLLEGE |
| 03 | 28-06-2017 | G.BHUVANESHWARAN | BSW | PATRICIAN COLLEGE |
| 04 | 21-06-2017 | P.EPZI MONICA | BSW | SMC |
| 05 | 21-06-2017 | ANGELIN STEFFI | BSW | SMC |
| 06 | 20-07-2017 | CHINNA JOHN | BSW | IGNOU |
| 07 | 29-08-2017 | NEETHU ELIZABETH | MSW | SMC` |
| 08 | 29-09-2017 | REGILDA ARUL NERLIN | MSW | SMC |
| 09 | 26-09-2017 | M.SUJATHA | MSW | PRESIDENCY |
| 10 | 26-09-2017 | A.VIGNESH | MSW | PRESIDENCY |
| 11 | 17-11-2017 | JEMIMA JOSEPH | BSW | SMC |
| 12 | 17-11-2017 | KULLATHAI SUSILA | BSW | SMC |
| 13 | 22-11-2017 | A.NEELAVENI | MSE | CTTE |
| 14 | 22-11-2017 | PAUL SHERLY | MSW | MCC |
| 15 | 29-11-2017 | B.NAVEEN KUMAR | MSW | HINDUSTAN COLLEGE |
| 16 | 29-11-2017 | E.ABISHEK JOEL | MSW | HINDUSTAN COLLEGE |
| 17 | 29-11-2017 | S.MUTHU JEYA | MSW | NAZARETH COLEGE |

| 18 | 29-11-2017 | S.NISHA | MSW | NAZARETH |
|----|------------|---------------------|---------|--------------|
| | | | | COLLEGE |
| 19 | 30-11-2017 | K.VEDHANAYAKI | MSW | MSSW |
| | | | | |
| 20 | 30-11-2017 | MOHAMMED SAMSUDEEN | MSW | MSSW |
| | | | | |
| 21 | 01-03-2018 | X.YOSUVA KIRUBAKARN | MSW | BISHOP HEBER |
| | | | | |
| 22 | 16-04-2018 | D.INDIRANI SOFIA | MA. | UNOM |
| | | | WOMEN'S | |
| | | | STUDIES | |
| 23 | 03-04-2018 | N.SAM JEBASTIN | MSW-CD | DON BOSCO |
| | | | | |
| 24 | 03-04-2018 | A.PRAKASH | MSW-CD | DON BOSCO |
| | | | | |

Acknowledgement

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Member Churches Governing Body
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Steeple Church, Scotland
Wrightbus, Ireland.

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Rt.Rev. J. George Stephen
Most Rev .Dr. George Antonysamy
Executive Committee Members
TN Free Legal Services Authority
Directorate of Social Defence
District Social Welfare Office
Members of the Advisory and Neighbourhood Committees
Makkal Nala Membattu Sangam
Mazhalai Arakkattalai
All the Staff, Volunteers and Community Leaders

Legal Status:

- * Society Registered under the Societies Registration Act 1860 28/ 1973
- * Registered under Section 80G and 12AA with Indian Income Tax Act
- * Registered under Foreign Contribution Regulation Act, 1975, Government of India.
- * Home registered under Juvenile Justice (Care and Protection) Act 2000, Amendment 2006.
- * Fit Institution Certificate issued by the Government of TamilNadu under JJ Act.